



# ANNUAL WELLNESS VISIT 2024

Welcome to Medicare (G0402) - first 12 mo of Medicare Part B Coverage  Initial (G0438)  Subsequent (G0439)

MEMBER \_\_\_\_\_ MEMBER # \_\_\_\_\_ PCP \_\_\_\_\_

HEALTH PLAN \_\_\_\_\_ PREFERRED LANGUAGE \_\_\_\_\_

GENDER \_\_\_\_\_ AGE \_\_\_\_\_ DOB \_\_\_\_\_ DATE OF SERVICE \_\_\_\_\_

**Personal Medical History:** Please indicate whether the patient has had any of the following medical problems with approximate date of illness or diagnosis:

CONDITION	YEAR	CONDITION	YEAR	CONDITION	YEAR
<input type="checkbox"/> Congestive Heart Failure	_____	<input type="checkbox"/> Stroke	_____	<input type="checkbox"/> Depression	_____
<input type="checkbox"/> High Blood Pressure	_____	<input type="checkbox"/> Cancer	_____	<input type="checkbox"/> Thyroid Problem	_____
<input type="checkbox"/> Heart Attack	_____	<input type="checkbox"/> Diabetes	_____	<input type="checkbox"/> High Cholesterol	_____
		Statin start date	_____	<input type="checkbox"/> Asthma Control Med Start Date	_____

**OTHER:** \_\_\_\_\_

**Family History:** Please indicate if any person, related by blood, had any of the following:

CONDITION	Y	N	RELATIONSHIP	CONDITION	Y	N	RELATIONSHIP
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>	_____	Glaucoma	<input type="checkbox"/>	<input type="checkbox"/>	_____
Stroke	<input type="checkbox"/>	<input type="checkbox"/>	_____	Cancer	<input type="checkbox"/>	<input type="checkbox"/>	_____
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	_____	Alcoholism	<input type="checkbox"/>	<input type="checkbox"/>	_____
High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	_____	Asthma/COPD	<input type="checkbox"/>	<input type="checkbox"/>	_____
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	_____	Depression/Suicide	<input type="checkbox"/>	<input type="checkbox"/>	_____

**Social History:** Please answer all questions

Marital status:  Single  Married  Divorced  Widowed

Tobacco use assessed?  Yes (1000F)  No  
Does the patient smoke cigarettes?  Yes (1034F)  No  
If yes, how many packs a day? \_\_\_\_\_ For how many years? \_\_\_\_\_  
Counseling provided:  Tobacco Abuse Counseling (Z71.6)  
 Counseling and/or pharmacotherapy (G9906)

Alcoholic beverages?  Yes (G0442)  No  
If yes, does the patient have four or more drinks in a day?  Yes  No  
If yes, then positive for alcohol misuse; counseling done:  Yes (G0443)

**Y N** If yes, how often?  
Recreational drugs?   \_\_\_\_\_  
Counsel if at risk for STIs    
At risk for syphilis    
At risk for HIV    
Transportation    
Caregivers    
Recreational Activities

MEMBER \_\_\_\_\_

FORM DATE \_\_\_\_\_

Alcohol Abuse/Dependence  Y  NDrug Abuse/Dependence?  Y  NHomelessness  Y  NEnrolled in an alcohol treatment?  Y  NEnrolled in Drug Treatment?  Y  N

If yes, where does patient stay? \_\_\_\_\_

If yes, Date: \_\_\_\_\_

**Other Medical Care:** Please list other physician or suppliers who provided medical care in the last 12 months**NAME****DATE****CONDITION**

NAME	DATE	CONDITION

Risk of Hospital Admission?  Yes  No

If yes, please list the reason(s) \_\_\_\_\_

**PATIENT HEALTH QUESTIONNAIRE PHQ-9 (3725F)**

Over the last 2 weeks, how often has the patient been bothered by any of the following problems	Not at all	Several days	More than half the days	Nearly everyday
Little interest or pleasure in doing things	0	1	2	3
Feeling down, depressed, or hopeless	0	1	2	3
Trouble falling or staying asleep, or sleeping too much	0	1	2	3
Feeling tired or having little energy	0	1	2	3
Poor appetite or overeating	0	1	2	3
Feeling bad about yourself - or that you are a failure or have let yourself or your family down	0	1	2	3
Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
Moving or speaking so slowly that other people could have noticed? Or the opposite - being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
Thoughts that you would be better off dead, or of hurting yourself in some way	0	1	2	3
<b>Add columns:</b>	_____	_____	_____	_____
<b>TOTAL:</b>	_____	_____	_____	_____

If the patient checked off any problems, how difficult have these problems, made it for the patient to do their work, take care of things at home, or get along with other people?

Not difficult at all  
 Somewhat difficult  
 Very difficult  
 Extremely difficult

Depression Severity by Total Score:

1-4 Minimal      15-19 Moderately Severe  
5-9 Mild          20-27 Severe  
10-14 Moderate

**NOTE: F32.X** may only be used once in a person's lifetime. Use **F33.X** for recurrent episodes. (See tip sheet for more coding information)  
Please document to **HIGHEST SPECIFICITY**: episode, severity, status

**VITAL SIGNS**

BP: \_\_\_\_\_ TEMP: \_\_\_\_\_ HT\*: \_\_\_\_\_ WT\*: \_\_\_\_\_ BMI\*: \_\_\_\_\_ PULSE OX: \_\_\_\_\_ eGFR: \_\_\_\_\_

\*Values for height, weight, and BMI are REQUIRED for validation

**PHYSICAL EXAMINATION****N** Within Normal Limits    **A** Abnormal**N A FINDINGS**

General Appearance   \_\_\_\_\_

HEENT   \_\_\_\_\_

Cardiovascular   \_\_\_\_\_

Respiratory   \_\_\_\_\_

Gastrointestinal   \_\_\_\_\_

Hematologic/lymphatic/immuno   \_\_\_\_\_

Musculoskeletal   \_\_\_\_\_

Skin   \_\_\_\_\_

Genitourinary Neurological   \_\_\_\_\_

Other   \_\_\_\_\_

**COGNITIVE ASSESSMENT**

Ask patient to remember the following three words, and ask the patient to repeat the words to ensure the learning was correct

**BANANA                  SUNRISE                  CHAIR**

Ask patient to draw hands to read 20 minutes after 8 (or 10 minutes after 11)

**Use another sheet if necessary**

Ask the patient to repeat the three words given previously

**CARE FOR OLDER ADULTS****FUNCTIONAL STATUS ASSESSMENT (1170F) CHECK AT LEAST ONE**

- Assessment of instrumental activities of daily livings (ADLs) such as meal preparation, shopping for groceries, using public transportation, housework, home repair, laundry, taking medications or handling finances. Results using a standardized functional status assessment tool.
- Assessment of three of the following four components: cognitive status; ambulation status; sensory ability; other functional independence such as exercise, ability to perform job. Results using a standardized functional status assessment tool.
- Assessment of ADLs such as bathing, dressing, eating, transferring, walking, using toilet.

**OTHER ASSESSMENTS**

- Physical activity assessment (1003F)
- Fall risk assessment:**
- No Falls
- Fallen twice or more (1100F)
- Urinary incontinence assessed (1090F)
- Advance directive—Living will:
- Yes     No
- Discussed (1158F)
- Advance directive in chart (1157F)

**Risk for Admission to SNF?**  Yes  No. If yes, list reason(s): \_\_\_\_\_

**Medications:** Please list current prescription and non-prescription medicines, vitamins, home remedies, herbs.

**CURRENT / ACTIVE MEDICATION**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Medication List Documented?  Yes (1159F)\*  No

Medication Reviewed & Reconciled  Yes (1160F)\*  No

\*Both codes are required to fulfill quality measure requirement

Allergies or Reaction to Medication:

\_\_\_\_\_



0

No pain(1126F)

1

2

3

4

5

6

7

8

9

10

Pain is present (1125F)

**PAIN SCREENING****REVIEW OF SYSTEMS****Y N ALLERGY**

- Anaphylaxis  
  Food Intolerance  
  Itching  
  Nasal Congestion  
  Rash

**Y N BLOOD**

- Bleeding/bruising tendency

**Y N CONSTITUTIONAL**

- Chills  
  Daytime drowsiness  
  Fatigue  
  Fever  
  Night sweats

**Y N EAR/NOSE/THROAT**

- Hearing difficulty/loss  
  Ringing in ears (tinnitus)  
  Frequent ear aches  
  Ear discharge  
  Attacks of vertigo  
  Sinus trouble  
  Nasal blockage  
  Frequent sneezing  
  Frequent sore throat  
  Snoring  
  Recent change in voice  
  Sleep apnea  
  Difficulty in swallowing  
  Nose bleeds

**Y N ENDOCRINE/METABOLISM**

- Unusual hair loss/growth

**Y N EYES**

- Wears glasses/contacts  
  Cataracts  
  Problems with vision

**Y N HEART/CIRCULATION**

- Chest discomfort (angina)  
  Shortness of breath w/activity  
  Blood clot in artery/vein  
  Aneurysm of blood vessel  
  Palpitations, racing/pounding heart  
  Swelling of legs  
  Heart surgery  
  Black out spells  
  Heart murmur

**Y N KIDNEYS/URINARY TRACT**

- Bladder infections in past year  
  Pain/burning w/urination  
  Trouble starting urinary stream  
  Frequent night urination  
  Kidney stones/infection  
  Blood in urine in past year

**Y N MEN**

- Testicular Swelling  
  Prostate problems  
  Frequent urination

**Y N MUSCLES/BONES/JOINTS**

- Arthritis/other joint disease  
  Chronic back trouble

**Y N NERVOUS SYSTEM**

- Headache/migraine

**Y N PSYCHOLOGICAL**

- Loss/change in appetite  
  Behavioral change  
  Confusion  
  Insomnia  
  Memory loss  
  Mood change

**Y N RESPIRATORY**

- Cough  
  Shortness of breath  
  Coughing up blood

**Y N SKIN**

- Rash/psoriasis/dermatitis  
  New skin growth or mole

**Y N STOMACH/INTESTINES**

- Ulcer  
  Hiatal hernia  
  Frequent heartburn/indigestion  
  Blood from bowels/rectum  
  Gall bladder attacks/gallstones  
  Poor appetite  
  Frequent diarrhea  
  Abnormal stool  
  Acid reflux

**Y N WOMEN**

- Painful periods  
  Excessive flow  
  Hot flash/menopause symptoms  
  Vaginal burning  
  Irregular cycles  
  Currently pregnant

## MEMBER

## FORM DATE \_\_\_\_\_

PREVENTIVE SCREENING CHECKLIST		COMPLETED	RESULT	DATE DONE	PROVIDER/FACILITY
Flu vaccine in current season (4274F)		Y <input type="checkbox"/> N <input type="checkbox"/>			
Pneumococcal vaccine age 60+ (4040F) Totaldoses: _____		Y <input type="checkbox"/> N <input type="checkbox"/>			
<input type="checkbox"/> Tetanus vaccine		Y <input type="checkbox"/> N <input type="checkbox"/>			
<input type="checkbox"/> Zoster vaccine - Totaldoses: _____		Y <input type="checkbox"/> N <input type="checkbox"/>			
Patients between 51 and 75 years of age: (3017F PLEASE SUBMIT REPORT) PLEASE SUBMIT REPORT	<input type="checkbox"/> Colonoscopy in last 10 years	Y <input type="checkbox"/> N <input type="checkbox"/>			
	<input type="checkbox"/> Flex Sig in last 5 years	Y <input type="checkbox"/> N <input type="checkbox"/>			
	<input type="checkbox"/> CT Colonography in last 5 years	Y <input type="checkbox"/> N <input type="checkbox"/>			
	<input type="checkbox"/> FOBT in current year	Y <input type="checkbox"/> N <input type="checkbox"/>			
MALE ONLY		COMPLETED	RESULT	DATE DONE	PROVIDER/FACILITY
<input type="checkbox"/> Lipid disorder screening		Y <input type="checkbox"/> N <input type="checkbox"/>			
<input type="checkbox"/> Abdominal aortic aneurysm screening if ever smoked		Y <input type="checkbox"/> N <input type="checkbox"/>			
<input type="checkbox"/> Prostate-specific antigen (PSA) screening		Y <input type="checkbox"/> N <input type="checkbox"/>			
FEMALE ONLY		COMPLETED	RESULT	DATE DONE	PROVIDER/FACILITY
Women 50-74 years: Mammogram in current or prior year documented and reviewed (3014F) PLEASE SUBMIT REPORT		Y <input type="checkbox"/> N <input type="checkbox"/>			
Pap Smear (age 21-64) with HPV co-testing (age 30-64) (3015F)		Y <input type="checkbox"/> N <input type="checkbox"/>			
65 years or older: Bone density test every 2 years if normal		Y <input type="checkbox"/> N <input type="checkbox"/>			
Women with bone fracture in last 12 months: Bone density test or on medication to treat or prevent osteoporosis (3095F)		Y <input type="checkbox"/> N <input type="checkbox"/>	T-SCORE		
Lipid disorder screening if at risk for coronary heart disease		Y <input type="checkbox"/> N <input type="checkbox"/>			
MEMBER WITH CARDIOVASCULAR DISEASE		COMPLETED	RESULT	DATE DONE	PROVIDER/FACILITY
Patients w/ cardiovascular conditions in current or prior year: Lab test for LDL-C in current year Most current LDL-C value in current year is <100mg/dL		Y <input type="checkbox"/> N <input type="checkbox"/> Y <input type="checkbox"/> N <input type="checkbox"/>			
Hospitalized and discharged with diagnosis of AMI: On beta blocker treatment for at least 6 months from discharge (4008F)		Y <input type="checkbox"/> N <input type="checkbox"/>			
Age 45-79: Use of aspirin to reduce risk of myocardial infarction (heart attack) (4086F)		Y <input type="checkbox"/> N <input type="checkbox"/>			
MEMBER WITH DIABETES		COMPLETED	RESULT	DATE DONE	PROVIDER/FACILITY
Most recent HbA1C in current year ≥ 7.0 and < 8.0 (3051F); ≥ 8.0 and ≤ 9.0 (3052F); > 9.0 (3046F)		Y <input type="checkbox"/> N <input type="checkbox"/>			
Dilated retinal eye exam by eye care professional with evidence of diabetic retinopathy (2022F) or without evidence of diabetic retinopathy (2023F), OR Negative result in the prior year (3072F) <b>PLEASE SUBMIT REPORT</b>		Y <input type="checkbox"/> N <input type="checkbox"/>	RETINOPATHY Y <input type="checkbox"/> N <input type="checkbox"/>		
Kidney Health Evaluation for Patients with Diabetes (KED) during current year. Required - eGFR (80047); AND one of the following: uACR (9318-7) OR urine creatinine (82570) & urine albumin (82043)		Y <input type="checkbox"/> N <input type="checkbox"/>			

MEMBER WITH DIABETES CONTINUED	DATE DONE	RESULT (PLEASE CIRCLE)
Foot Exam with monofilament test <b>(2028F)</b>		Normal LL skin ulcer Neuropathy Absence of foot pulse

MEMBER WITH RHEUMATOID ARTHRITIS	ON TREATMENT		
	CURRENT MEDICATION	DATE DONE	PROVIDER/FACILITY
Patients with diagnosis of RA should be on DMARD <b>(4187F)</b>			

MEMBER WITH COPD	COMPLETED		
	RESULT	DATE DONE	PROVIDER/FACILITY
Spirometry test to confirm diagnosis within 1 year of diagnosis <b>(3023F)</b>			

MEMBER ON CERTAIN MEDICATION	COMPLETED	RESULT	DATE DONE	PROVIDER/FACILITY
	Monitoring of potassium, creatinine and—if applicable—digoxin level for patients currently taking for more than six months: ACE inhibitor or ARB <b>(4188F)</b> <input type="checkbox"/> Diuretic <b>(4190F)</b> or Digoxin <b>(4189F)</b>	Y <input type="checkbox"/> N <input type="checkbox"/>		

Is patient on Anticonvulsants for 6 months or more? Y  N

If Yes, has blood test been completed to test blood for medication levels? Y  N  **(4191F)**

### STATUS CONDITIONS

- History of Hysterectomy with no residual cervix/TAH **(Z90.710)**
- Pregnancy **(various codes)** - specify
- HIV **(Z21)**
- AIDS **(B20)** - specify
- Chronic Renal Failure **(N18)** - specify stage  
 ESRD **(N18.6)**  
 Dialysis **(Z99.2)**  
 Kidney Transplant **(Z94.0)**
- Dialysis **(Z99.2)**
- Colorectal Cancer **(Z85.03-Z85.04)**
- Total Colectomy **(Z90.49)**
- Other Personal History of Cancer **(Z85)** - specify
- Artificial opening status **(Z93)**
- Amputation **(Z89)** - specify
- Morbid obesity **(E66)** –specify criteria
- Malnutrition **(E43-E44)** –specify criteria
- Cerebral Palsy **(G80)** or Other Paralysis **(G81-G82)** - specify Sequelae
- of Stroke **(I69)** - specify
- Parkinson's **(G20)** or Parkinsonism **(G21)** - specify:

### DIAGNOSIS DATE

Date: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_

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Date: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_

Please document all chronic conditions with status and plan OR submit progress note with all chronic conditions with status and plan.

DIAGNOSTIC DESCRIPTION	STATUS	PLAN
Encounter for general examination	<input type="checkbox"/> With normal findings <input type="checkbox"/> With abnormal findings	
1	<input type="checkbox"/> New <input type="checkbox"/> Resolved <input type="checkbox"/> Stable <input type="checkbox"/> Improved <input type="checkbox"/> Worsened	
2	<input type="checkbox"/> New <input type="checkbox"/> <input type="checkbox"/> Stable <input type="checkbox"/> <input type="checkbox"/> Worsened	
3	<input type="checkbox"/> New <input type="checkbox"/> Resolved <input type="checkbox"/> Stable <input type="checkbox"/> Improved <input type="checkbox"/> Worsened	
4	<input type="checkbox"/> New <input type="checkbox"/> <input type="checkbox"/> Stable <input type="checkbox"/> <input type="checkbox"/> Worsened	
5	<input type="checkbox"/> New <input type="checkbox"/> Resolved <input type="checkbox"/> Stable <input type="checkbox"/> Improved <input type="checkbox"/> Worsened	
6	<input type="checkbox"/> New <input type="checkbox"/> <input type="checkbox"/> Stable <input type="checkbox"/> <input type="checkbox"/> Worsened	
7	<input type="checkbox"/> New <input type="checkbox"/> Resolved <input type="checkbox"/> Stable <input type="checkbox"/> Improved <input type="checkbox"/> Worsened	
8	<input type="checkbox"/> New <input type="checkbox"/> <input type="checkbox"/> Stable <input type="checkbox"/> <input type="checkbox"/> Worsened	
9	<input type="checkbox"/> New <input type="checkbox"/> Resolved <input type="checkbox"/> Stable <input type="checkbox"/> Improved <input type="checkbox"/> Worsened	

Use another sheet if necessary

Attach EHR note if documenting in EHR

**CLAIM MUST BE SUBMITTED WITH ALL RELATED ICD-10, CPT, AND CPT II CODES**  
**Use CPT 99499 to submit more than 12 ICD-10 codes**

Printed Name and Credential: \_\_\_\_\_

Signature: \_\_\_\_\_ Date Signed: \_\_\_\_\_